

**Trust Recolo to provide expert,
high quality and effective
community neuropsychological
rehabilitation to children and
young people and their families.**



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**Complete care for
the whole family**

Neurorehabilitation for children and
young people and their families.

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Supporting a child or young person with brain injury is just part of the story.

Our provision of community neuropsychological rehabilitation to parents, siblings, schools and the wider support network, helps provide good outcomes for all.

We believe that children and young people benefit from being with family and friends and in their familiar surroundings. This is vital for successful rehabilitation.

We believe that by working with children and young people at home, school and college we are providing the setting for their optimal recovery and development.

Building relationships

We believe that good relationships are essential in aiding recovery.

We understand that children, young people and their families make the best progress in a context of security and trust. That's why we work hard to build relationships within the family, and help forge positive relationships with their care workers, teachers and others.

We work individually with the child and young person and alongside parents, partners and teachers, providing support and advice.

We work collaboratively as members of the interdisciplinary rehabilitation team.



How the story began and our vision of the future.

Our team consists of HCPC registered Clinical Psychologists, Educational Psychologists and Clinical Neuropsychologists.

The three co-founders Drs Howard Fine, Katie Byard and Jonathan Reed are committed to making Recolo the best service that it can be for children and young people following brain injury, and their families.

Their aim is for Recolo to provide rehabilitation that is based on the latest research and evidence-base; to provide a model of holistic rehabilitation that supports the young person with brain injury, their family and the wider network around them, including education, allied therapists, support workers, and the Experts around the child.

We work with the children we support for as long as it takes, often into young adulthood, recognising that adjustment to brain injury is ongoing and the move towards greater autonomy and independence takes time.

As the largest provider of community-based psychologists in neurorehabilitation in the UK, we have a number of Associates who work alongside us. They are all

qualified Clinical Psychologists and/or Educational Psychologists with expert skills in working with children through to young adults following brain injury and their families.

Believing in families

When a child or young person suffers a brain injury, the entire family is affected. Each member has new responsibilities and the change has a significant emotional impact on everyone.

We believe that, with support, the family can offer the best environment for recovery. Children and young people respond better to people they trust, in places where they feel safe. We believe the family has an important role to play in the rehabilitation of their child, but it's not always easy.

That's why we believe that any rehabilitation programme must include psychological support for families in this vital and all-encompassing role. We make sure we support families in their emotional adjustment and help them to understand how they can best aid the recovery.

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Lasting results

We have developed a specialised child neuropsychology rehabilitation service and model of rehabilitation that incorporates up-to-date research about brain development as well as support for the family caring for their child.

We promote the health of the physical brain through diet, exercise and rest. Injury to the brain often results in problems with memory, organisation and planning and regulating mood and behaviour. We use structured activities and routines to prevent these difficulties occurring where possible, alongside assistive technology to compensate for cognitive weaknesses.

We aim to understand the child's current stage of development and work within the child's existing systems, such as family structure and school.

We understand the importance of clarity in rehabilitation. We use clearly defined goals and plans to guide rehabilitation; and we provide measurable evidence of the child's progress over time.

Trust Recolo

We believe we offer a unique approach to rehabilitation for children and young people following brain injury.

We work alongside the family and other people in the child's life, such as care workers and teachers. We work within the child and young person's everyday environments, knowing how important these are to facilitate optimal recovery. Our friendly team integrates clinical experience with up-to-date knowledge of brain development, child neuropsychological rehabilitation and psychological models of therapy.

Areas of speciality

- Behaviour management
- Systemic therapy for families
- Neuropsychological assessment
- Memory rehabilitation
- Educational Psychology support and school liaison
- Assistive technology for rehabilitation
- Trauma work for children and adults
- CBT for children and adults
- Consultation and support to rehabilitation and allied therapy teams
- Specialist teaching, training and supervision to the NHS and private sector
- Paediatric Psychology support of children with chronic physical and medical conditions

